

Breakfast at Pencubitt

Please help yourself to Cereal, Fresh Fruit, Yoghurt, Seeds and Fruit Juices from our buffet table...

All our breakfast choices are cooked to order, so during busy times there may be a short wait

'The Full Cornish'... Cornish sausage, local bacon rashers, fried mushrooms and grilled tomatoes with your choice of fried, poached or scrambled eggs

'The Half Cornish'...for those with a lighter appetite

'The Vegetarian'...vegetarian sausages, fried mushrooms, grilled tomatoes and hash browns with fried, poached or scrambled eggs

Optional Breakfast Extras: baked beans, fried bread, hash browns

*we always have vegetarian and gluten free sausages available

Smoked Salmon & Scrambled Egg ...on toasted malted bloomer

Triple Egg Omelette

...Just add your fillings from: cheddar cheese, ham, tomato, mushroom, onion

Simply On Toast

...Your choice of fried, poached or scrambled eggs on toasted malted bloomer

Bloomer Bacon Sandwich

...Rashers of grilled local bacon in between buttered malted bloomer bread

Hot Porridge...Traditional Scottish Oats cooked in milk

...served with either local runny honey, brown sugar or double cream

2 Free Range Soft Boiled Eggs...with buttered soldiers

These choices need to be ordered for the next day but they may be available today

Oak Smoked Kipper

...lightly grilled, served natural with grilled tomatoes and fresh lemon

Smoked Haddock & Poached Eggs

...Served with grilled tomatoes and fresh lemon

Breakfast at Pencubitt

Our Eggs Are From Free Range Chickens that live free at Higher Tredis Farm at Torpoint

Cornish Sausages and Local Bacon

From Paul Bray and Son, a local family run butcher whose shop is at Tideford in Cornwall

Fruit and Vegetables

From Local Suppliers in and around Liskeard

West Country Marmalades and Jams

From 'The Cherry Tree Preserves' near Ivybridge

Cornish Honey

From various local suppliers near Liskeard

Monday - Friday

8.00am - 9.00am

Saturday, Sunday & Bank Holidays

8.30am - 9.30am

ALLERGENS ADVICE

some of our food items may contain gluten, peanuts, nuts, milk, soya, mustard, Lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide.

Please ask us if you are concerned about your allergy.

