

# Breakfast at Pencubitt

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Fresh Fruit, Cereals & Juices are Available From Our Buffet Table

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TOAST: Granary, White or Mixed

Please choose from these Preserves: Strawberry, Blueberry, Rhubarb & Ginger  
Blackcurrant with Sloe Gin, or Seville Orange Marmalade

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All our breakfast choices are cooked to order, so during busy times there may be a short wait

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## The Full Cornish

Cornish sausage and bacon, sauteed mushrooms & grilled tomatoes  
with your choice of 2 fried, poached or scrambled eggs

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## The Half Cornish

Available for those with a lighter appetite

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## Vegetarian Breakfast

vegetarian sausage, sauteed mushrooms, grilled tomatoes & hash brown  
with 2 fried, poached or scrambled eggs

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Optional Extras: baked beans, fried bread, hash brown, black pudding  
\*\* gluten free sausages are always available \*\*

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## 3 Egg Omelette...Please choose up to 3 fillings from:

cheddar cheese, ham, tomato, mushroom, onion, fresh spinach, smoked salmon

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## Simply On Toast

2 fried, poached or scrambled eggs on toasted white or granary bloomer bread

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Hot Porridge ...Scottish oats cooked in milk with your choice of  
local runny honey, brown sugar or double cream

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Free Range Soft Boiled Eggs ...with buttered white or granary soldiers

Smoked Salmon & Scrambled Egg ...with fresh lemon wedge

Grilled Kipper ...with fresh lemon, grilled tomatoes & lemon butter

Smoked Haddock & Poached Eggs ... with fresh lemon & grilled tomatoes

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### ALLERGENS ADVICE

some of our food items may contain gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs,  
fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide.  
Please ask us if you are unsure